



Chinmaya Vedanta Heritage Centre

www.chinmayatoronto.org • Shivalaya, 8832 The Gore Road, Brampton • Tel: 905 913 2377

REGULAR PROGRAMS

No cost for classes. Donations are graciously accepted.

Day	Program	Time	Location
MONDAY	Shiva Puja	7.30 pm – 9.00 pm	Shivalaya
	Bhagavad Geeta Class – Ch.1-2	7.30 pm – 9.00 pm	Mississauga Shailee 905 814 4555
TUESDAY	Bhagavad Geeta Class – Ch. 9	7.30 pm – 9.00 pm	Shivalaya
	Bhaja Govindam	10.30 am – 12 Noon	Richmond Hill Manisha 905 883 9753
WEDNESDAY	Bhagavad Geeta Class – Ch. 15	7.30 pm – 9.00 pm	Shivalaya
	Yoga with Jay Sharma	6.00 pm – 7.00 pm	Shivalaya Jay 416 805 9642
THURSDAY	Bhagavad Geeta Class – Ch. 3	7.30 pm – 9.00 pm	Scarborough Vijaya 416 287 0250
	Atma Bodh Class	10.30 am – 12 noon	Don Mills Neena 416 445 3324
FRIDAY	Vivekchoodamani Class	10.30 am – 12 noon	Shivalaya
SATURDAY	Meditation	7.00 am – 7.30am	Shivalaya
	Bhagavad Geeta Class	7.30 am – 8.30 am	Shivalaya
	Yoga with Leela	9.00 am – 10.00 am	Shivalaya - Leela
	Introduction to Vedanta	10.30 am – 11.30 am	Shivalaya
	Hanuman Chalisa (1 st Sat monthly)	4.00 pm – 6.00pm	Shivalaya
SUNDAY	Bala Vihar – East End Adult Vedanta Class	10.15 am – 12 noon	Bakersfield School Vaughan Babita 905 477 4990
	Sanskrit Classes - Adults	12.45 pm – 1.45 pm	Shivalaya
	Hindi Classes - Children	12.45 pm – 1.45 pm	Shivalaya
	Bala Bihar – West End Adult Vedanta Class	2.00 pm – 3.30 pm	Shivalaya
	Vedanta Talks and Satsang	4.30 pm – 6.00 pm	Shivalaya
	Yoga with Rameet	6.30 pm - 7.45 pm	Shivalaya Rameet 647 504 7520
	Vedanta Studies	10 am – 12 Noon	Toronto – Beaches Candace 416 694 2637